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By engaging with this subject, students learn to think, solve... Datesheet for CBSE Board Exams Class 10 (Scroll down for Class 12 Datesheet) Datesheet for CBSE Board Exams Class 12 The 5th edition of Pariksha Pe Charcha the unique interactive program of Hon'ble Prime Minister with students teaches and parents will be held through virtual mode in February, 2022. In order to select participants who will be featured in Pariksha Pe Charcha programme... Ministry of Education, Govt. of India vide D.O No. 12-4/2021-IS.4 dated 04.01.2022 intimated that 12 January 2022 will be celebrated as "National Youth Day" and "Birth Anniversary of Swami Vivekananda". All Schools affiliated to CBSE may celebrate 12 January 2022 as... Ministry of Education, Govt of India vide letter No. F.No. 12-5/2020-IS-4 dated 16.12.2021 has intimated that under the banner Azadi ka Amrit Mahotsav the National Yogasanasports Federation has decided to run a project of 750 million Surya Namaskar from 01 January 2022... Ministry of Education (MoE), Government of India has launched a platform for offering Massive Open Online Courses (MOOCs) that is popularly known as SWAYAM (Study Webs of Active Learning for Young Aspiring Minds) on 9 th July, 2017. NCERT now offers online courses for... Digital Development » Disaster Risk Management » Fragility, Conflict, and Violence » Gender » Procurement for Development Full PDF PackageDownload Full PDF PackageThis PaperA short summary of this paper10 Full PDFs related to this paperDownloadPDF Pack Do you need help with your Homework? Are you preparing for Exams?Study without Internet (Offline) Share this with your friendsSUBSCRIBE NCERT Books for CBSE Class 12 Home Science PDF Free DownloadRaging environmental crises such as climate change and pollution, the uprooting of social values and more and more detachment from the natural world, has meant that students, now more than ever, need to concentrate on the most pressing issues of today. The NCERT Home Science book Class 12 PDF focuses on these burning issues and tries to instill a deep sense of understanding in students. Home Science is offered as a subject in Classes 11 and 12, and as students will soon find, the Home Science NCERT book Class 12 is their route to passing your exams with flying colors. The Home Science NCERT Class 12 books are divided into two parts, dealing with six major themes or units, and consist of 25 Chapters on various topics such as community welfare and nutrition.Human Ecology and Family Sciences – Part II Learn Chapter wise summary of Human Ecology and Family Sciences – Part IChapter 1: Work, Livelihood and CareerThe first Chapter of part 1 of the NCERT Home Science book Class 12 PDF deals with the most relevant issue for students today, that is, work, career, ways to earn your livelihood or the necessary entrepreneurial skills to run a business.Reading this Chapter will help students pick up useful vocational skills, determine the course of life and work they choose to take as well as learn all about the various facets that contribute to a good life and work-life balance. They will learn to be sensitive to several issues that affect an individual at work, especially vulnerable groups such as elderly people, children and women.Chapter 2: Clinical Nutrition and DieteticsFor students who are looking at a career in nutrition or aim to become a dietician eventually, the second Chapter in the NCERT Home Science book Class 12 PDF will come as a boon. Among the several things that this Chapter deals with, the topics that need the most attention are the significance of nutrition (especially clinical nutrition and dietetics in our lives) and the scope of such a career. The academic qualifications and skills required to pursue a career in nutrition and dietetics are also explained in detail in this Chapter of the book.Chapter 3: Public Nutrition and HealthIf you took up Home Science in Class 11, you probably know all about the basic ideas that nutrition and physical health and fitness present. The third Chapter of the NCERT Home Science book Class 12 PDF will help you expand your knowledge. In your previous Classes, you have learnt how important a well-balanced diet and proper nutrition is, for good health. In this Chapter, besides nutrition, you will further learn about the various problems plaguing public health, the causative factors behind nutritional problems and various public health programmes.Chapter 4: Catering and Food Service ManagementMany a time students find themselves grabbing lunch in a café, diner or restaurant when they are not home. In short, seeking hospitality is a norm when you run out of options to eat or rest in. This is where catering and food management step in.The fourth Chapter of NCERT Home Science book Class 12 PDF throws light on a few facets of this industry, including types of food services and catering, skills needed to become professionals in this industry, and the diverse career avenues available. Students will learn about the catering industry and the moral code that underlies these services. Chapter 5: Food Processing and TechnologyFood items in the country and elsewhere, have been subject to various rounds of processing since time immemorial. The grains we consume, such as rice, wheat, maize and barley have long been processed to be more fit for consumption. For instance, grains are dried post-harvest to increase their longevity.In this Chapter of the Home Science Book Class 12 NCERT, students will be introduced to the various food processing technologies employed, the history and current status of food processing, some fundamental themes and the scope of a career in the food processing industry. Students will also be made aware of the skills necessary to pursue research or a career in the same.Chapter 6: Food Quality and Food SafetyIn any community, country or part of the world, food is one of the most significant factors that determine the health, productivity, efficiency and nutritional conditions of that place. It is only natural that attention is paid to the kind of food we consume, and whether it is safe and healthy.This Chapter in the NCERT Home Science book Class 12 PDF deals with the several issues underlying food safety, the quality of food, how food-borne diseases occur, and the national and global food standards. Consequently, students will have a clear idea of why food quality is crucial and the different food management systems exist to ensure this.Chapter 7: Early Childhood Care and EducationIn Class 11, students were introduced to the subject of early childhood and adolescent development. Several changes take place in the body of a child developing from an infant to a teenager, and further into an adult. For those looking at a career in human development and related studies, this Chapter comes in very handy.As students begin the seventh Chapter of the NCERT Home Science book Class 12 PDF, they will soon learn about these changes and the basic principles that govern care in early childhood, as well as why it is essential. The importance of early care for a child, as well as his or her educational experiences, and what they mean for a young child is also emphasized.Chapter 8: Guidance and CounselingOur human lives are littered with challenges and obstacles, every step of the way. No matter how prepared or mentally tough we are, looking to others for help becomes necessary. Obstacles can seem insurmountable, and this is where guidance and counseling step in.The Chapter on guidance and counseling in the NCERT Home Science book Class 12 PDF primarily deals with mental health, why looking for help is important, and how students can pursue a career in psychology and counseling if they think they have it in them to soothe the troubles of others.Chapter 9: Special Education and Support ServicesChildren with special needs require specific educational provisions and services that will cater to their emotional and mental challenges. Students in Class 12 need to be made aware of these, as children with such needs face more difficulties at school, university, and eventually, when they grow up, in their workplace.This is the ninth Chapter of the NCERT Home Science book Class 12 PDF and is aimed at making students more sensitive to the needs of special children, and aware of the degrees and certifications required for a career in special education.Chapter 10: Management of Support Services, Institutions and Programmes for Children, Youth, and ElderlyA family is the structural backbone of a society, and although, from the outside, it seems to merely serve the purpose of love and service to its members, the concept of a family has a far greater implication.As students will soon learn, a family's primary function is to serve its members' needs, whether emotional, physical, or psychosocial. However, for some children, and adults, that may not be the case. Sometimes the demand for an occasional service provider rises, and public services become all the more essential. This last Chapter of the NCERT Home Science book Class 12 PDF part 1 concludes with the various roles that schools, hospitals, and universities play in the shaping of a society or community. Human Ecology and Family Sciences – Part IIChapter 11: Design for Fabric and ApparelApparels, or what we wear daily, are discoveries that have been with us since humans first appeared on the planet. Over the years, fashion has undergone massive changes to accommodate everyone's ideas to become what we see today. And the textile and fabric used to make clothes and other wearables have also been a field of immense development and innovation. Along with fabric, the design ideas behind such wearables also speak a thousand words. In this first Chapter of the Home Science NCERT Class 12 book, part 2, students will learn more about the history of design.Chapter 12: Fashion Design and MerchandisingQuite related to the previous Chapter, this Chapter of Home Science NCERT book Class 12 describes more about the fashion industry and merchandising in general. The global fashion industry is a multi-million dollar industry at present, churning out huge revenues each year. It is a sole industry in itself and also forms the backbone of several other such sectors, such as entertainment. There are several colleges and universities in our country which offer specialized courses in fashion. At the end of this Chapter, students will be fluent in the details of the fashion industry and the skills required to be in the business.Chapter 13: Production and Quality Control in the Garment IndustryAs much as technology and innovation are necessary for fashion companies to be in business, a major part of their revenue is also spent on quality control, which is valid for every consumer product out there. There are hundreds of steps that companies put their produced garments for quality assurance, checking every tiny aspect of a single piece of a wearable like a tenacity, color, and size. In the 13th Chapter of NCERT books Class 12 Home Science PDF, students will be briefed on all these steps to become more knowledgeable about them.Chapter 14: Textile Conservation in MuseumsAs mentioned earlier, textile has been a constant part of human evolution. As humans progressed through different ages and seasons, they developed various types of wearables to suit their needs and to protect themselves from weather conditions. Textile pieces from thousands of years ago have been found by historians all over the world as fossils and have been preserved thereafter inside museums. Even today, if you visit any state museum, you can find robes that have been worn by the pharaohs in Egypt. This Chapter of NCERT books Class 12 home science tells us all about it.Chapter 15: Care and Maintenance of Fabrics in InstitutionsAll garments we buy for daily and special uses must be adequately taken care of like any other products at our house. There are different ways to maintain different types of fabric. The conditions for storing and washing a cotton shirt will be different from those for a sweater.These intricate ways through which we can ensure that we can use the wearables which we buy for a longer period of time must be learned by students to follow in their daily lives. The 15th Chapter of NCERT Home Science book Class 12 does precisely that.Chapter 16: Human Resource ManagementHuman Resource Management is an area where quite a considerable amount of research and study has been done over recent years. All major companies and work-areas nowadays hire human resource professionals whose primary task remains to know more about their employees and gather knowledge about how they feel working in the company.These human resource professionals usually study the subject over two years as part of the business administration program before being hired. This Chapter of NCERT books Class 12 home science details all the steps which students should take if interested in such a career path.Chapter 17: Hospitality ManagementAnother area where many students strive to get into nowadays is the study of hospitality management. Hotels and restaurants need such professionals throughout the year. Students, who have specialized in hospitality management are experts in how to tackle customers who come to dine at restaurants and stay at hotels.The 17th Chapter of NCERT books Class 12 Home Science PDF tells in detail how to make yourself ready if students want to choose this career. There are many reputed colleges which give such courses in our country at present.Chapter 18: Ergonomics and Designing of Interior and Exterior SpacesInterior and exterior design of our living spaces must be a priority when we buy or shift to new places. Good interior and exterior design improves our living conditions drastically, as surveys suggest. But there are principles that such specialized designers must abide by since it is the most private part of our lives. This Chapter of NCERT home science book Class 12 explains all about such principles and ideas.Chapter 19: Event ManagementMajor events such as festivals, parties for birthdays and weddings, etc. must be planned and managed properly. Nowadays, there are institutes that train such professionals who have experience in such fields. Right from the guest list to the food menu, the event managers take care of everything such that you don't have to. There are many hidden steps that they follow so that an event is carried out without any hiccup. Any student who wants to have a career in such a field should carefully read this Chapter of NCERT books Class 12 home science book.Chapter 20: Consumer Education and ProtectionWith most businesses going online these days, gone are those days when buying something required people to visit showrooms and shops. But along with this universality, also comes another problem. Now when you cannot physically check for a shop's genuineness, there is a high chance you can get conned online.For such adverse scenarios, consumer protection is an area where our government is placing special care upon. There are specific forums where people can complain about fraud. The 20th Chapter of NCERT books Class 12 Home Science PDF tells more about such concepts.Chapter 21: Development Communication and JournalismAll the news and media channels that we see on our televisions and phones and the blogs which we read every day hire journalists who hunt down news by going places all over the country. There are different forms of journalism too – some journalists specialize in war-like situations, whereas some of them excel at reporting political events. Communication and journalism have huge scope and have been rewarding careers for students since visual media came into existence. This Chapter of NCERT books Class 12 home science book explains all that is needed to choose journalism as a career.Whenever individuals or groups of individuals face adverse situations in life, they ask for help. Such appeals for help are of different kinds – financial help for someone in medical distress, or those who cannot afford expensive treatment. Sometimes it can also be rehabilitation help for people who have been affected by natural disasters. The first step towards appealing for such help includes convincing corporate bodies or other individuals or maybe even the general public to donate in cash or kind. This is called advocacy. Students will learn more about it in this Chapter of NCERT Home Science book Class 12.Chapter 23: Media Management, Design, and ProductionMedia is one of the most crucial building blocks of our society. Media helps shape people's beliefs and thus, the society in which we live. Any readable or watchable format of content which may influence people in developing opinions is termed as media. But today, with such technological advancements at our reach, the way the media shapes our society is of concern and should be taken seriously. Even the success of any arbitrary publicity campaign is dependent on media management. So, students should pay special care while reading this Chapter of the Home Science NCERT Class 12 book.Chapter 24: Corporate Communication and Public RelationsOrganizations and business establishments worldwide hire people who specialize in corporate communication. There are specific ways in which employees are trained to talk on phones or write emails when they are inside office premises. All these and how to form better public relations are two essential things which this Chapter of the Home Science Class 12 NCERT book stresses on. Students should get fluent in these methods so that they do not have any problem integrating inside the corporate world.Chapter 25: Management of Development ProgramIndia is a developing country, and though the country has seen rapid economic growth in recent years, a considerable chunk of the population remains below the poverty line and fails to provide for four square meals a day. India being such a populous country, development programs have to be explicitly designed and more accurately.All the ways in which the development programs of our country can be improved such that we can see an even better and equal India in the new future is what this final Chapter of NCERT books Class 12 home science book bases itself on. Why is The NCERT Home Science Book Your Best Choice?Besides being well-written and deeply researched, the NCERT book for Class 12 Home Science offers several features that make it your first choice if you're looking at scoring top scores in your Home Science board examinations. Here are some of the highlights:Simple and Lucid Text: The NCERT Home Science book is written to appeal to students from diverse backgrounds, social, economic, and linguistic. Therefore, the simple and universal language in the book will help most students overcome difficulties in comprehension, and make sure that every concept is well-understood.Hands-on-Approach: The two parts of the book feature brainstorming questions and practical experiments that will help the average student get an idea of what the topic deals with, and what it implies in our everyday lives. Activities and exercises feature throughout the book, making it easy for teachers to test their students in the Chapter taught.Encouraging Analytical Thinking: The NCERT book for Class 12 Home Science frequently encourages students to rack their brains and enhance their analytical powers. Exemplar Problems, frequent points to remember and question banks are present to improve learning in schools as well as inculcate a habit of self-assessment.Strictly Adheres to the Syllabus: What makes the NCERT textbooks require reading is the fact that these books strictly adhere to the school syllabus prescribed by the CBSE and are, therefore, not only of great use for board examinations but also for various competitive exams like JEE and AIPMT among others. Fundamental Concepts: Apart from the features mentioned above, the NCERT books for Home Science stand out for their clear explanations of key ideas. All fundamental ideas and concepts are discussed thoroughly, making sure that once students hold a grasp of the ideas, they will no longer feel the need for rote learning. Be a High Achiever with Vedantu!Vedantu, one of India's foremost e-learning portals, offers a comprehensive range of e-learning options, such as free live demo Classes, study material, sample papers, and doubt clearing sessions by some of India's finest teachers!At Vedantu, you are a step away from achieving high scores in your board and competitive examinations. Choose from a wide range of study material including the NCERT Home Science book Class 12 PDF, reference notes, and sample question papers, and score top grades in JEE, PMT, and more.



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